



**You do not need to know
precisely what is happening,
or exactly where it is all going.
What you need is to recognize
the possibilities and challenges
offered by the present moment,
and to embrace them with
courage, faith and hope.**

THOMAS MERTON



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NOT ON MY WATCH

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I, not events, have the power to make me happy or unhappy today. I can choose which it shall be. Yesterday is dead, tomorrow hasn't arrived yet. I have just one day, today, and I'm going to be happy in it.

GROUCHO MARX



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